

Spinal Nerve Function



CLINIC AND WELLNESS CENTER

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Every cell of your body has a nerve component.

VERTEBRAL LEVEL	NERVE ROOT	INNERVATION	POSSIBLE SYMPTOMS
C1	C1	Intracranial Blood Vessels	Headaches • Migraine Headaches
	C2	• Eyes • Lacrimal Gland	• Dizziness • Sinus Problems
C2	C3	• Parotid Gland • Scalp	• Allergies • Head Colds • Fatigue
	C4	• Base of Skull • Neck	• Vision Problems • Runny Nose
C3	C5	Muscles • Diaphragm	• Sore Throat • Stiff Neck
C4	C6	• Neck Muscles • Shoulders	• Cough • Croup • Arm Pain
C5	C7	• Elbows • Arms • Wrists	• Hand and Finger Numbness
C6	C8	• Hands • Fingers • Esophagus • Heart • Lungs • Chest	or Tingling • Asthma • Heart Conditions • High Blood Pressure
C7	T1		
	T2	Arms • Esophagus	Wrist, Hand and Finger Numbness or Pain • Middle Back Pain • Congestion • Difficulty Breathing • Asthma • High Blood Pressure • Heart Conditions
T1	T3	• Heart • Lungs • Chest	
T2	T4	• Larynx • Trachea	
T3	T5		
T4	T6	Gallbladder • Liver	
T5	T7	• Diaphragm • Stomach	• Bronchitis • Pneumonia
T6	T8	• Pancreas • Spleen	• Gallbladder Conditions
T7	T9	• Kidneys • Small Intestine	• Jaundice • Liver Conditions
T8	T10	• Appendix • Adrenals	• Stomach Problems • Ulcers
T9	T11	Small Intestines • Colon • Uterus	• Gastritis • Kidney Problems
T10	T12	Uterus • Colon • Buttocks	
T11	L1		
T12	L2	Large Intestines	Constipation • Colitis • Diarrhea
L1	L3	• Buttocks • Groin	• Gas Pain • Irritable Bowel
L2	L4	• Reproductive Organs	• Bladder Problems • Menstrual Problems • Low Back Pain
L3	L5	• Colon • Thighs • Knees	• Pain or Numbness in Legs
L4	SACRAL	• Legs • Feet	
L5		Buttocks • Reproductive Organs • Bladder	Constipation • Diarrhea • Bladder Problems • Menstrual Problems
		• Prostate Gland • Legs	• Lower Back Pain • Pain or Numbness in Legs
		• Ankles • Feet • Toes	